

Cardiopulmonary resuscitation (CPR) and automated external defibrillation (AED)



This course teaches the essential skills required by an AED operator and gives you the confidence to know exactly what to do in this kind of emergency. If an AED is used quickly in the event of a sudden cardiac arrest (SCA) survival rates can be as high as 70 – 80%. No previous first aid knowledge is necessary to attend an AED course.



4 hours
(usually over 1 day)

Who should attend?

This course is suitable for workplaces where employees are expected to use an automated external defibrillator AED in an emergency. For health care workers, this course serves as a basic module. This course is also suitable for anybody wanting to further their knowledge and learn how to use an AED.

What will they learn?

The course covers how to operate an automated external defibrillator AED and complies with current UK Resuscitation Council guidelines.

Course content

- Heart attacks
- Treatment of an unconscious casualty (sudden collapse)
- Adult cardiopulmonary resuscitation CPR
- The chain of survival
- Getting to know the AED
- Safety considerations when using the defibrillator and general guidelines
- Operating the AED
- AED checks and maintenance
- Record keeping

Assessment

Continuous assessment by course trainer

Certificate

A First Rescue certificate, valid for 3 years, is issued on successful completion of the course.