

Community Public Access Defibrillator (cPAD) Awareness Session



This short 2 hour cPAD awareness session teaches the essential skills required to know what to do in the event that somebody suffers a sudden cardiac arrest (SCA).



Many communities are installing public access defibrillators that are available for anybody to use prior to the arrival of the emergency services.

Our short awareness session guides you through the process of calling the emergency services, accessing the AED and will give you the confidence to use the AED quickly and effectively.

Please note that this is not a formal training course.

Who should attend?

This session is aimed at members of public that would like to know how to use the cPAD. No previous experience is necessary.

What will they learn?

This session covers how the community public access defibrillator system works.

Session content

- How to recognise sudden cardiac arrest (SCA)
- Calling the emergency services
- How to perform cardiopulmonary resuscitation (CPR)
- How to use the AED
- Recovery position
- Handover to emergency services

If you or your business require a formal training course we can deliver a full range of approved AED and first aid training courses for the workplace.