



## TQUK Level 3 Award in First Aid at Work Requalification (RQF)

This two day course is suitable for larger or high risk workplaces to re-qualify first aiders whose certificates are nearing expiry.

This course recaps all of the material from the Level 3 Award in First Aid at Work over 2 days.

We keep our courses as up to date as possible, so if there have been any changes to the regulations or techniques this requalification is a great way to stay on top of them

### Our students will learn about:

- Incident assessment
- Dealing with an unconscious casualty (including CPR training)
- First aid for choking, external bleeding, shock and minor injuries
- The secondary survey
- First aid for injuries to bones, joints and muscles (including head and spinal injuries)
- Medical emergencies like sudden poisoning and anaphylaxis
- Recognition and treatment of major illnesses



**12 hours**



**Minimum 3  
learners**



**Maximum  
12 learners**



**3 years**

### Price includes:

- + Professional Instruction
- + All course materials
- + Qualification, valid for 3 years
- + Glossy A5 course manual